

Martial Artist

Mr. Muhammad Imran Khan

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Summary of skills

- Administrating the karate activities and ability to work efficiently in the emergency situations
- Ability to demonstrate the various techniques of karate art and familiarity with the various rules and regulations of this field
- Organizational skills as well as great physical stamina
- Capability to help the people to learn the skills and techniques of different karate arts
- Highly skilled in arranging the training programs for the students
- Capability to maintain the equipments that are required for the training and ability to look after the health and safety of students
- Ability to motivate the participants for fruitful results
- Profound knowledge of the various karate arts like martial arts
- Good observation skill and good communication as well as written skills
- Kyokushin senior most fighter and master in country who hold black belt 4th dan from Japanese master Ikuma Masaki & Murat Sabaki and official recognition from Kyokushin-Kan Honbu Japan

Educational qualification

Graduation from University of the Punjab in 2000

Intermediate from BISE Lahore, in 1998

Certification

- Black belt 4th Dan from Kyokushin-kan international headquarter-Japan 2007
- Black belt 1st Dan Kyokushinkai 1993
- Black belt 2nd Dan Kyokushinkai 1997
- Black belt 3rd degree from world association of kickboxing organization
- Black belt 4th Dan wing Tsung 2003 by International Shoalian Kungfu Federation
- Special forces combat karate 2003 , 2nd Dan
- 4th degree black belt by American Federation of Fujutsu 2005 in Kyokushin karate
- Certificate of Honor 27th august 1993, org by karate union of Pakistan.
- Canadian master training camp certificate of honor 2002
- Certificate of honor from British master Gerry Breez training camp 2007
- Certificate of honor south African Gojo Ryo master Ellies katten training camp 2007
- Akido master kashiro tanaka training camp 2003 certificate of honor

- American karate master training camp certificate of honor 2008

Awards

- Presidential champion silver award February 2005 awarded by chief patron ex-president of united states George w-bush org by PCPFS-USA.
- Health & fitness award 2005 awarded by chief patron ex-president of united states George w-bush org by PCPFS-USA.
- Pride of performance award 1995, org by Pakistan bright youth council Pakistan.
- Selected for 12th Asian full contact karate tournament Kolkata India 23rd, 24th December 2004
- Japanese instructor training camp 2007 awarded certificate of honor master Ikkoma Masaki & sensei Mrutsabaki.
- 1st national youth festival & martial arts gala best performance award 2004



Experience

Exe. Chief Coach in Police Training School Lahore Pakistan

from Jan 2002 to June 2007

Responsibilities

- Providing physical training for adopting the different techniques required for karate arts
- Teaching the various rules and regulations to the participants for being efficient in the different karate techniques
- Arranging the karate practices and physical workouts as well as guiding the participants for being perfect in the particular art
- Explaining the processes in the techniques step by step and maintaining the equipment's for better use
- Arranging the guest lectures for delivering the information on the karate arts
- Inspiring the participants for the better performances

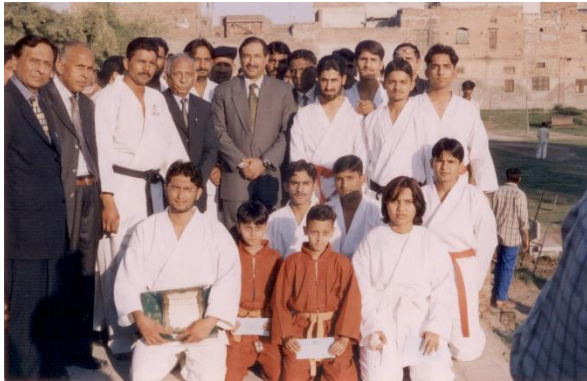


Worked as an Karate instructor in University of Veterinary & Animal Sciences Lahore

Responsibilities

- Recording the attendance of participants as well as registering the admissions for this course

- Arranging the training programs and deciding the venues for them as well as provide essential equipment's for that
- Helping the participants for learning the basic activities required for the karate course
- Instructing the participants on the safety while adopting the different techniques of the karate art



Worked as an Karate instructor in Standard College Lahore

Responsibilities

- Instructing the participants on the safety while adopting the different techniques of the karate art
- Helping the participants for learning the basic activities required for the karate course
- Arranging the training programs and deciding the venues for them as well as provide essential equipment's for that
- Recording the attendance of participants as well as registering the admissions for this course

Worked as an Karate instructor in Lahore American School

Responsibilities

- Helping the participants for learning the basic activities required for the karate course
- Instructing the participants on the safety while adopting the different techniques of the karate art
- Arranging the training programs and deciding the venues for them as well as provide essential equipment's for that

- Recording the attendance of participants as well as registering the admissions for this course

Worked as an Karate Instructor in Center Model School Lahore

Responsibilities

- Recording the attendance of participants as well as registering the admissions for this course
- Instructing the participants on the safety while adopting the different techniques of the karate art
- Helping the participants for learning the basic activities required for the karate course
- Arranging the training programs and deciding the venues for them as well as provide essential equipment's for that
- Main Focus on School Student Physical & Mental Health improvement through martial arts

ACHIEVEMENTS

National Level Achievement

- A. 18th national full body contact weight division open karate 2nd position in kata dated: 11, 12, November 2000.
- B. 18th national full body contact weight division open karate tournament 11, 12, November 2000 1st position in fight.
- C. 28th national games 2001 Wushu (kungfu) Sanshu -75 kg bronze
- D. 10th national Wushu (Kungfu) championship 2002 -75 kg remarkable 1st position
- E. National Shinkyokushin karate tournament gold in open weight (Rawala kot azad Kashmir) 12-13, October 2004.
- F. 27th national games Peshawar (gold) -65 kg first positions.
- G. 14th national karate championship 2004 (bronze) & open weight (bronze) -75 kg
- H. 1st Haleeb national karate championship Lahore 29, 31 December 1994 2nd position in -60 kg fight
- I. Open free style national Kyokushin karate tournament Lahore 13 December 1998 gold in open weight category.
- J. All Pakistan Chinese martial arts open champion ship +75 kg district Nankana sahib 18-7-2004 1st position.

- K. 13th national karate championship 2002 Lahore -75 kg 3rd position.
- L. 11th national karate championship 1999 Sargodha participation.
- M. Invitational national karate championship 1999 participation.
- N. Pakistan open karate tournament 25, 26, September 1999 Karachi 4th position in fight.
- O. All Pakistan open karate tournament 1993 participation

Punjab Level Achievement

- A. Punjab open karate championship 1995 Lahore -60 kg 1st position
- B. 13th Punjab open full body contact karate tournament 1994 Bahawalpur 2nd position in -60 kg fight
- C. 13th Punjab open full body contact karate tournament 1994 Bahawalpur 3rd position in group kata
- D. 13th Punjab open full body contact karate tournament 1994 Bahawalpur 3rd position in individual kata
- E. Punjab armature open kick boxing championship 1st position in 48kg weight category 1992-1993
- F. National kickboxing championship 2003 held at five-star hotel Lahore 1st position.
- G. National Muay Thai championship 2002 Lahore 1st position
- H. Punjab Muay Thai championship 2007 Rawalpindi heavy weight category 2nd position

Lahore Level Achievements

- A. Lahore district open Kyokushin karate championship -60kg 1st position 1994
- B. Lahore district open karate tournament 1995 -60kg 1st position
- C. Karate & body building championship 14-august-1990 participation
- D. Jogging race Sant Nagar Lahore 1993 participation

Shotokan Karate

- A. Certificate of honor from British master Gerry Breez training camp 2007
- B. Certificate of honor south African Gojo Ryo master Ellies Katten training camp 2007
- C. Akido master Kashiro Tanaka training camp 2003 certificate of honor
- D. American karate master training camp certificate of honor 2008
- E. 1st national youth festival & martial arts gala best performance award 2004

BOXING ACHIEVEMENT

- A. Lahore district division boxing championship -33kg first position 1989
- B. Punjab sports board inter divisional 1990 Sahiwal, youth competition under 33kg 3rd position
- C. Sports board Punjab inter divisional youth competition Lahore 1991 under 16 years 36kg 2nd position
- D. Sports board Punjab inter divisional youth championship Sahiwal under 16 years - 60kg 2nd position
- E. Inter colligate boxing championship 1996 Lahore 57kg weight category 2nd position
- F. Inter colligate boxing 1997 civil lines college Lahore secure 2nd position



Hobbies

Books reading related to Martial Arts & other and watching sports activities through electronic media

Personal details

- **Name:** Mr. Muhammad Imran Khan
- **Date of Birth:** April 10, 1977
- **Marital status:** Married

Reference

Will be furnished on demand.

